

## Committee: Health and Wellbeing Board

Date: Tuesday 25 March 2014 1.00 pm

Agenda item: Merton Mental Health Review

Wards:

### Subject:

Lead officer: Dr. Kay Eilbert

Lead member: Councillor Linda Kirby

Forward Plan reference number:

Contact officer: Dr. Anjan Ghosh

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### Recommendations:

- A. Once the draft Adult Mental Health Needs Assessment (HNA) is reviewed and agreed by the Merton Mental Health Task and Finish Group (MMHR TFG), to make this available to the Board and the public.
  - B. To note that the next two stages of the review (Prioritisation Activity and Strategy development have just commenced on 13.03.2014).
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## 1 PURPOSE OF REPORT AND EXECUTIVE SUMMARY

The Merton Mental Health Review (MMHR) is a review of adult mental health in the London Borough of Merton from a *health and social care* perspective. The first stage of the process- the adult mental health needs assessment has just been completed and the first draft of the report is under consultation with the MMHR TFG, after which it will be made available to the Board and the public by early April. The next two stages – the prioritisation activity using a validated health economics approach and the development of an Adult Mental Health Strategy for Merton will be taking place concurrently.

## 2. BACKGROUND

- 2.1 One in four people in the UK will experience a mental health problem in the course of a year. The cost of mental health problems to the economy in England have recently been estimated at £105 billion each year and treatment costs are expected to double in the next 20 years.<sup>1</sup>
- 2.2 The Department of Health launched the strategy 'No Health Without Mental Health' (DH 2011) which takes a cross government approach, including promoting mental wellbeing, reducing stigma and a focus on improving outcomes for people with mental illness. *No Health without Mental Health* is centred on six objectives:<sup>2</sup>
  - More people will have good mental health

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<sup>1</sup> Public Health England: Community Mental Health Profiles, 2013; <http://www.nepho.org.uk/cmhp/>

<sup>2</sup> No Health Without Mental Health; Gateway reference 14679; Department of Health, February 2011; [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/135457/dh\\_124058.pdf.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/135457/dh_124058.pdf.pdf)

- More people with mental health problems will recover
- More people with mental health problems will have good physical health
- More people will have a positive experience of care and support
- Fewer people will suffer avoidable harm
- Fewer people will experience stigma and discrimination

2.3 The key inequalities experienced by people with mental health problems are:

- Low levels of employment
- Social exclusion
- Barriers to accessing health services
- Poorer physical health and increased mortality from some diseases

2.4 The total economic and social costs of mental ill health in London are clearly substantial at an estimated £25bn to £27bn. **This equates to approximately £2,990 to £3,210 per person in London per year** and is equivalent to around 8.9 to 9.5% of London's GVA<sup>3</sup>. (This includes the cost of mental ill health in children and young people).

2.5 The health needs assessment has described the epidemiology of adult mental health in Merton, and has reported the views and perspectives of service users, carers and service providers. It has also described the current services in Merton, policies and guidelines, and outlined the evidence for some interventions in the prevention and promotion of mental health.

Overall Merton does well on many measures of mental health. Merton CCG has lower spend and better outcomes for mental health overall. While the per capita spend on mental health in Merton is much lower than for other CCGs in our ONS cluster (Hounslow, Harrow, Ealing, Redbridge and Barnet) and England, the outcomes overall are good- suggesting that the investments are good value for money. However the details reveal some interesting facets to adult mental health in Merton in terms of the way mental ill-health is distributed among our residents and the health inequalities between East and West Merton. The report will provide all the details when made available to the board.

### 3. DETAILS

Once the HNA is ready the findings will be made public.

The MMHR is being done in-house by the Public Health Team at the Merton Council in partnership with the Merton CCG and the Merton Council Adult and Social Care Commissioning Team- steered by a Task and Finish Group (TFG).

The review is triangulating the available data including administrative data, and undertake new research where required (through stakeholder interviews) and

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<sup>3</sup> GVA- Gross Value Added. It should be noted that the comparison with GVA is not strictly accurate as it is not a like for like comparison. As set out in the text, the estimate of the total economic and social costs of mental ill health to London incorporate some 'nonmarket' aspects which are not included in the calculation of GVA. In this instance, framing the economic and social costs as a proportion of London's GVA acts simply to provide some idea of the scale of costs.

review existing research and evidence. *Emphasis is placed on obtaining user and carer perspectives, views and experiences, and on their involvement at all the key decision points in the MMHR.*

The purpose of Stage 2 is to review mental health and social care expenditure and mental health outcomes, in order to construct a prioritised list of areas for investment and disinvestment, keeping in mind the need of Merton population and the user and carer perspectives (the findings and recommendations of the HNA). This is being done using a PBMA (Programme Budgeting and Marginal Analysis) approach. Programme budgeting and marginal analysis is a process that helps decision-makers maximize the impact of healthcare resources on the health needs of a local population. The development of the Merton Adult Mental Health Strategy will be informed by the findings and recommendations of the HNA and PBMA process, and will be developed through consultations in the Task and Finish Group.

#### **4. ALTERNATIVE OPTIONS**

The review of Merton's adult mental health services will allow a better understanding of the issues outlined above.

#### **5. CONSULTATION UNDERTAKEN OR PROPOSED**

#### **6. TIMETABLE**

Publication of the Merton Adult Health Needs Assessment- 1<sup>st</sup> week of April 2014

Stages 2 (PBMA) and 3 (Strategy Development)- April – June 2014.

#### **7. FINANCIAL, RESOURCE AND PROPERTY IMPLICATIONS**

The review is being delivered within existing resources.

#### **8. LEGAL AND STATUTORY IMPLICATIONS**

None for the purpose of this report.

#### **9. HUMAN RIGHTS, EQUALITIES AND COMMUNITY COHESION IMPLICATIONS**

Poor mental health and inequalities are closely linked as outlined in this report. A better understanding of the issues can support services that help address inequalities.

#### **10. CRIME AND DISORDER IMPLICATIONS**

None for the purpose of this report.

**11. RISK MANAGEMENT AND HEALTH AND SAFETY IMPLICATIONS**

None for the purpose of this report

**12. APPENDICES – THE FOLLOWING DOCUMENTS ARE TO BE PUBLISHED WITH THIS REPORT AND FORM PART OF THE REPORT**

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**13. BACKGROUND PAPERS**

NONE. HNA REPORT WILL BE CURCULATED AT A LATER DATE.